In the times of uncertainty, disinformation and

there is a journey to be taken and probably it would be a journey of a hero who have a goal but not a plan but plan can be found within. It’s so simple. We have a tendency to complicated our lives, giving away our strength – believing that answer would be in next translated or just read book but then no, we are left even with more questions kind of in the dark. Meditation is the answer. At least in my case which started almost seven years ago. And there is a graine of truth in that sayin

there is even more questions.

It would require discipline on at least two planes: body and mind. Respectively meditation and discipline.

and It is proven that

Ileal for people who turned 40. When you just have seen every possible scenario at your work, home, parties, you can’t find anything interesting to read, you are introverted or better all your live you have been extraverted like nobody business, “kind of lost your way back home” and now you feel like you would prefer – for any reasons – to stay at home or your kids just left for they own life adventures and you have plenty of time on your hands you could star journes

Niektóre przychodzą łątwiej inne trudniej nie bój się, chodzbyś szla dolina to się nie zlekne bo tys jest koło mnie; twoja laska i kij prowadza mnie przez ciemność – parafrazując..

Dlaczego zapominam? Maybe because i don’t know why I’m here? Or maybe because I’m not there neither. There is that space created where we can lose ourselves something we forget about. Master said read for one hour, write for two and meditate for tree – all together gives six. There are hidden information behind symbols; like deeper understanding of reality. I’m drawn

These are not my thoughts. Thea there are flying around and we can pick them up so easily.

That is indecision and fear-based phenomena. I used to live at apartment no 6 go to primary school no 6,

I like that number. I used to live at apartment no 6 go to primary school no 6, and once being 6 years old and even then it was occupying my mind along with the meaning of the word Kabała (which was a sirname of one of my girl koleżanek in the primary school. From the beginning I was sensing something or rather trying to understand…

Sefldestractive inclinational

Nie wiem, o czym mówisz, mogłabyś jakoś dopełnić swoją mowę?